

Italy Germany Biodynamic Field course



Italy 2024, August 06-11

See full route:

<https://maps.app.goo.gl/XyhyYceSpGiWnGxQ8>

Date	site	Main theme**	Description	comments
06/08 Tues.	Arrival at Rome airport			
	NaturaSI with a visit to a shop in Rome	Wholesale for nature and farmers	<p>Naturasi is an organic and biodynamic wholesaler and supermarket network with 368 shops across Italy working with 600 farms.</p> <p>Their core mission: The best possible product for human health is also the best possible product for the life of the Nature that surrounds us". For this reason, the Group promotes the development of organic and biodynamic culture, both intended as an agricultural method that nourishes the soil and protects the environment and its biodiversity whilst also ensuring occupation to small producers and offering healthy quality products that promote human welfare.</p> <p>www.naturasi.it</p>	Accommodation at Country House Erba Regina
		Introduction	What is Biodynamics for the newcomers at the agriturismo	
07/08 Wed.	Agricoltura Nuova 9:30 - 12:00	Large-scale farm organism	<p>An agriculture cooperative working since 1977 on 6,000 ha. Running diverse farming operations. converted to biodynamics in 2010, they will introduce their large composting operation and soil preparation work.</p> <p>www.agricolturanuova.it</p>	<i>Country House Erba Regina</i>

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	1.5 h. Drive to the next farm			
	Azienda Agricola FILOGEA	Vegetables from volcano soil	<p>17 and a half hectares of vegetable fields, with a farmhouse and an olive grove. Working biodynamically since 2008, Daniele, the manager of the farm, says: "Plants don't need much or nothing, as long as the soil is nourished properly. And to do that you need to prepare an excellent quality compost that will be suitable for any type of cultivation, depending on the degree of maturation".</p> <p>https://www.naturasi.it/agricoltori/azienda-agricola-filoge-a-viterbo</p>	Launch on the farm
08/08 Thu.	Carlo Noro All day	The biodynamic preparation and farm organism	<p>Carlo's farm cultivates 5 ha. of wine, olive oil, vegetables, and biodynamic preparations. Working biodynamically since the 70's, Carlo is a leading trainer, advisor, and preparation maker of the highest quality.</p> <p>www.biodinamicanoro.net</p>	<p>Breakfast and lunch on the farm</p> <p>Accommodation at Country House Erba Regina</p>
09/08 Fri.	Italian Biodynamic Research Association (SISB) 8:00 -10:00	Biodynamic Research	<p>A talk with Prof. Alessandro Piccolo and Dr. Carlo Triarico</p> <p>The Society, founded in 2020 By Pro. Piccolo and Carlo Triarico, with the mission to advance the scientific and technological fields of biodynamics to achieve greater awareness of the interactions between the biological complexity of living things and human action.</p> <p>www.scienzebiodinamiche.org</p> <p>Carlo Triarico is the president of the Italian Biodynamic Association; in addition to the research talk, he will share about the work of the Italian association.</p>	At the vaneu

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	2 h. drive to Bio Cantina Orsogna			
	Bio Cantina Orsogna 14:00 – 17:00	Cooperative for production and nature	<p>The history of BIO CANTINA ORSOGNA began in 1964 when 35 winemakers joined together to give life to a dream: the town's Social Winery - a winery cooperative; today, the cooperative includes about 450 active members.</p> <p>The love for its land and people has led the cooperative to undertake "the path of naturalness" to cultivate and produce in harmony with nature, trying to safeguard the health of the lands, ecosystems, and people.</p> <p>www.biocantinaorsogna.it</p>	<p>Launch at the winery</p> <p>Accommodation at: B&B La Collina</p>
10/08 Sat.	Azienda Agricola Menichella 9:00 – 13:00	Old varieties	<p>Menichella farm extends over 135 hectares and grows exclusively ancient varieties of cereals, legumes, and green manure. In addition, it cultivates olive trees, almond trees, quince trees, pear trees, and plum trees with a traditional planting pattern.</p> <p>https://www.aziendaagricolamenichella.it</p>	<p>Lunch on the farm</p> <p>Accommodation at: B&B La Collina</p>
	Roberto Carchia 14:00 – 17:00	Old varieties	<p>The farm cultivates a number of old grain varieties, vegetables, and animals. Besides the farm, they run an agricultural school.</p> <p>They are leaders of the movement "Grano salus," rights for the old variety seeds.</p> <p>www.granosalus.it</p>	
11/08 Sun.	Flight from Rome to Zurich, Switzerland		2.5 h. Drive to airport	



Biodynamic Field course

South Germany 2024, August 12-16

Full route:

<https://maps.app.goo.gl/pzCWEXiRkAvV8XS3A>

Date	site	Main theme**	Description	comments
11/08 Sun.	Arrival in Zurich		Drive to a farm in Germany.	
	Sinnenberg Hof 19:00 - 20:30	Starting a new	A newly starting family farm bringing together permaculture, regenerative agriculture, and Biodynamic agriculture An evening talk about starting new in biodynamics and farming https://sinnenberg.de	
12/08 Mon.	Wir Bio Power Bodensee & Camphill Dorfgemeinschaft Hermannsberg e.V. 9:00-12:00	Cooperative	Wir Bio Power Bodensee is a network of farms, nutritionists and people advancing biodynamic and organic local food, together with the supermarket chain Boadn. www.wir-bodensee The Lichthof agricultural property, which has four houses and a farm, is located in the small hamlet of Heiligenholz. Around 55 people live here together. We cultivate around 70 hectares of largely consolidated land according to biodynamic guidelines. The vegetables are mostly grown to supply the Hermannsberg village community. https://www.hermannsberg.de/	Accommodation at Sinnenberg Hof
	Rengoldshausen 14:00 to 16:30	The deep roots of biodynamics	Rengoldshausen has been farmed biodynamically since 1932 and is one of the oldest Demeter farms in the world. They cultivate 200 hectares, 40% of which is meadow and 60% arable land. 7000 m ² are covered by greenhouses, together with 50 dairy cows, a breeding bull,	



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			<p>and their around 110 offspring. Furthermore, they operate a bakery, seed production, and a veg box scheme for 2500 families.</p> <p>Rengoldshausen operates numerous endeavors that influence its farming environment, from compost-making to new breeds of chicken to changing the way seedlings are produced without plastic.</p> <p>https://www.rengo.de/startseite/</p>	
	<p>Regionalwert Leistungen 18:00 -19:30</p>	<p>Regional value of agriculture</p>	<p>A talk with the project coordinator. Regionalwert Leistungen supports the evaluation of the environmental and social conditions of farms.</p> <p>Sustainability performance can be taken into account as a business asset in the balance sheet. In this project, Support farms and value chains to bring out the value of their regional work.</p> <p>www.regionalwert-leistungen.de</p>	
<p>13/08 Tue.</p>	<p>Photovoltaic in arable farming 09:00- 11:00</p>	<p>Solar power in agriculture</p>	<p>Since 2015, Heggelbach Farm has been running a photovoltaic in arable farming.</p> <p>https://hofgemeinschaft-heggelbach.de/energie#photovoltaik</p>	
	<p>Sativa Reichenau 14:00-17:00</p>	<p>Seeds vitality</p>	<p>Sativa is based at Switarland's biggest biodynamic farm and training center, Reichenau.</p> <p>Sativa is committed to preserving the cultural heritage of cultivated plants. Through our systematic conservation breeding, they maintain old varieties and adapt them to changing environmental conditions.</p> <p>www.sativa-biosaatgut.de</p>	<p>Accommodation at Sinnenberg Hof</p>



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	Bodan A talk with Sascha Damaschun 19:00 -20:30	Organic wholesale to deliver change	Bodan has been an organic and biodynamic wholesaler for over 30 years, supporting the development of farms, processors, trade, and wholesale. www.bodan.de	T.B.C.
14/08 Wed.	Drive to the black forest 1.5 h			
	Breit Wiesenhof 10:00-11:00	Renewing biodynamics	Breit Wiesenhof is a 170 ha mixed farm with dairy cows. In 1977, the International Research Society leased the entire farm, and the Foundation has managed it biodynamically ever since. In recent years, the farm has undergone a deep restructuring, and we will learn about its new evolution step. www.breitwiesenhof.de	Lunch on the farm Accommodation at Sinnenberg Hof
	Hof Gasswies 14:00 - 17:00	Demonstration farm for agriculture and culture	A biodynamic farm since 2017 since 2015, an Organic demonstration farm appointed by the Federal Ministry of Food and Agriculture. One of their many projects is Kulturland cooperative, a citizens' association that organizes joint ownership of land for organic farming by farmers. www.hof-gasswies.de	
15/08 Thur.	2 h. drive to Stuttgart			
	Reyerhof 10:00-13:00	Solidarity Agriculture	Reyerhof has pioneered the Solidarity Agriculture farm in Stuttgart, working since 1955 over 50 Ha. The farm had moved to pioneer CSA work as a leading food security provider for the city of Stuttgart with a mixed farm.	Lunch on the farm Accommodation at Sinnenberg Hof



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			<p>www.reyerhof.de</p> <p>Morning farm visit: vegetables, greenhouse, holistic pasture Management with the cows, lunch on the farm</p>	
	Reyerhof 13:00-16:00		Afternoon: Preparation cellar and quality of preps; CSA System on Reyerhof, ownership of land. with Christoph Simpfendörfer, Reyerhof farmer and x-general secretary of demeter international	
	Forschungsring A talk with: Dr. Christopher Brock 16:00- 18:00	The past and future of biodynamic research	<p>The Forschungsring is the oldest biodynamic research organization, having existed since 1946.</p> <p>In the talk with Dr. Christopher Brock, we will be acquainted with the statutes of biodynamic research, such as the D.O.K 45 years of comparative study of organic, biodynamic, and conventional agriculture.</p> <p>www.forschungsring.de</p>	T.B.C
16/8	Return to Zurich airport			